

Information Package 2021



Programs that cater for all ages, experience & commitment levels.

Opportunity for athletes to compete & perform at local, state, national and international competitions & events.

Experienced, passionate and supportive coaches.

Wide Bays first ever cheerleading studio.

NOVICE TO ELITE

ALL AGES, FITNESS LEVELS, BODY TYPES & SKILL LEVELS

@asgardallstarshvb



www.ASGARDALLSTARS.com

@asgardallstarshvb



Contents

About Us	1 to 1
Studio Information	1 to 1
Contact Details	1
Admin Hours	1
Facilities	1
Program Overview	2 to 6
Cheerleading	2
Tumbling	3
Dance	3
Other Classes	4
Casual Classes	4
Timetable	5
Key Dates	6
Fees & Policies	7 to 9
Recreational & Competitive Fees	7
Casual Class Fees	8
Fee Policies	9
Payment Plan Options	9

About Us

Welcome to Asgard All Stars, Wide Bays first ever cheerleading studio. We are so excited to welcome back all our returning members this year and, if you are new to Asgard All Stars, welcome to the family. We are so excited to be able to offer a huge range of programs for athletes of all ages, fitness levels, body types and skill levels.

On offer at the club are a range of cheerleading, tumbling, skill building and workout classes that cater for every type of athlete, from beginners through too advanced. Here at Asgard All Stars we believe that every athlete has a special place and adds value to our club.

Our energetic, welcoming and encouraging environment aims to help athletes achieve their highest potential. The classes at Asgard teach athletes; dedication, persistence, resilience, respect, teamwork and trust. Athletes learn a variety of skills throughout our different programs and work to improve their strength, flexibility, body control, motor skills and muscle memory. Athletes that participate in our classes develop a sense of accomplishment and self-confidence and find a sense of purpose and belonging within the club.

Cheerleading is a fast paced, dynamic performance sport. It encompasses stunting, tumbling, tosses and dance. The sport is one of the fastest growing in Australia and Asgard aims to continue to grow and advance as the sport does. The coaches, staff and volunteers here at Asgard All Stars are constantly undergoing training so that we can stay ahead of the game and provide all of our athletes with the best training possible.

Our coaches aim to train athletes with a strong sense of self. We take pride in leading by example and teaching athletes the value of hard work, versatility, discipline and technique. Our brand new facility and equipment ensures that all our athletes are able to train safely while also giving them the best opportunity to develop new skills.

Asgard All Stars strives to help its families as much as possible. If you have any questions, comments or suggestions please don't hesitate to contact Asgard All Stars Management.

Studio Information

CONTACT DETAILS

Phone: 0401386698

Email: asgardallstarsHVB@gmail.com

Address: 124 Beach Road, Pialba, QLD, 4655

ADMIN HOURS

Please feel free to contact us outside of these hours as we try our best to be as responsive as possible at all times. However, while we would like to be there for you every hour of the day our staff need to have time to relax and step back as well. All enquiries will be responded to as soon as possible.

Monday to Friday 4:00pm to 7:00pm

Saturday / Sunday Closed

FACILITIES

Asgard All Stars is a specialised cheerleading studio that gives athletes the opportunity to train in a safe, supportive and fully equipped facility. Our Studio has the following facilities:

- Sprung Floor
- Tumbling Equipment
- T.V Playback Area
- Uniform Shop
- Reception Area
- Athlete Area
- Ninja Warrior Zone
- Tumble Trampoline
- Tots & Toddler Area



Program Overview

Casual	Recreational
<p>Our Casual Programs are designed for athletes with busy or uncertain schedules.</p> <p>There are multiple different casual classes to suit a range of fitness levels, interests and availabilities.</p> <p>Our Casual program gives athletes the freedom to choose when, where and how they would like to train.</p>	<p>Our Recreational Programs are designed for athletes who would like to do cheerleading, dance, tumbling and fitness in a fun, relaxed, social environment without the commitment and performance aspect of competitions or events.</p> <p>This is a great opportunity for athletes to gain an understanding into what Asgard All Stars is all about without the commitment or financial requirements involved in our competitive programs.</p> <p>Our Recreational Program is a great way for athletes to stay fit, have fun and learn a variety of new skills.</p> <p>In our Recreational Cheerleading Program athletes will learn all aspects of the sport including; tumbling, stunting, dance and jumps.</p> <p>In our Recreational Dance Program athletes will spend the year learning skills such as; turns, leaps, body isolations and kicks.</p> <p>In our Recreational Tumbling Program athletes will have the opportunity to learn a variety of different tumbling skills suited to their level. Our tumbling classes will teach athletes varying tricks including: rolls, flips and rotations.</p> <p>Athletes will spend the year learning new skills, which will be combined into a high energy routine for our end of year performance.</p>

Quasi - Competitive	Semi - Competitive	Competitive
<p>Our Quasi-Competitive Program is designed for young athletes (2 to 6 years) who would like to compete but are not ready for our semi-competitive program.</p> <p>Our Quasi-Competitive athletes travel and compete at one State Competition and one Local Competition each year and will have the opportunity to perform at most local events.</p>	<p>Our Semi-Competitive Program gives athletes the opportunity to experience the exciting world of competitive cheerleading and dance with a reduced training and competition schedule and lower financial requirements.</p> <p>We believe that everyone should be given the opportunity to experience the benefits that competitive cheerleading and dance offers, however we are aware that not all families can fully commit to our training schedule on top of other activities, school, family and work commitments.</p> <p>Our Semi-Competitive athletes travel and compete at two State Competitions and one Local Competition each year and will have the opportunity to perform at most local events.</p>	<p>Our Competitive Program is designed for those athletes wanting to work hard to excel in all aspects of their sport; cheerleading, tumbling, stunting, jumps and dance, whilst also developing their performance skills and confidence.</p> <p>Our Competitive Program requires a high level of dedication from both athletes and their families, with full attendance expected for all training, events and competitions throughout the year.</p> <p>Training and competing on one of our competition teams is an unbelievably rewarding experience. Competitive athletes will work hard as an integral member of their team to create amazing routines which will be performed at Local, State and National competitions and events throughout the year.</p>

CHEERLEADING

Cheerleading is a high energy sport that involves stunting, tumbling, jumping and dance. The sport helps athletes develop self confidence, respect, teamwork and trust. Athletes learn a variety of skills and will work to improve their strength, flexibility, body control and muscle memory.

Cheerleading Levels:

All Star Cheerleading athletes require a specific skill set for each level. During Team placement athletes will be placed in the team that best suits their current skill level. A summary of each level and the appropriate skills are as follows:

Recreational All Ages	All of our Recreational Cheerleading Classes cater for athletes of all skill levels.
Novice / Level 1 3 + Years	Novice / Level 1 Cheerleading is the perfect place to start for our athlete with limited or no cheerleading experience who would like to participate in competitive cheerleading. This cheerleading program will teach athletes all stunting, dance, jumps and tumbling skills. There are no prerequisite skills required to join our Novice and Level 1 Cheerleading Teams.
Level 1 Elite 6 + Years	Level 1 Elite Cheerleading is recommended for athletes who have done competitive or recreational cheerleading in the past. Athletes will require the following prerequisite tumbling skills to qualify for a Level 1 Elite team; forward roll, back extension roll, roundoff, front & back walkover and a handstand. Please be aware that, on rare occasions, athlete may be offered a position in a Level 1 Elite team without these skills. Our Level 1 Elite program focuses on the continued development of Level 1 and Level 2 stunting, tumbling, jump and dance skills.
Level 2 6 + Years	Level 2 Cheerleading is recommended for athletes who have previously done competitive cheerleading in a Level 1 or above team. Athletes are required to have the following prerequisite tumbling skills to qualify for our Level 2 teams; All Novice and Level 1 tumbling skills and a consistent standing back handspring. Please be aware that, on rare occasions, athlete may be offered a position in a Level 1 Elite team without these skills. Our Level 2 program focuses on the continued development of Level 2 and Level 3 stunting, tumbling, jump and dance skills.
Non Tumble Squads 14 + Years	Non Tumble Cheerleading is recommended for athletes who have done competitive or recreational cheerleading in the past and would like to compete at a higher level but do not currently have the required tumbling. Athletes are recommended to have the following prerequisite skills to qualify for our Non Tumbling teams; all jumps, level appropriate stunting and significant strength and stamina. Our Non Tumbling program will continue to develop athletes stunting, jump and dance skills.

TUMBLING

Our tumbling classes introduce athletes to new skills in a self-paced and fun environment. We offer a variety of tumbling classes that cater to all ages and skill levels.

Tumbling Classes:

Tots Tumbling 0 to 2 Years Newborns to Walking	Our Tots Tumbling class is a fun, educational, program that allows parents & carers to connect with their little ones while they connect and learn about their environment. During this class athletes will have participate in a circuit of soft play and sensory equipment which is specifically designed to improve coordination, strength, fine motor skills, gross motor skills, confidence, mental development and social skills. All lessons are planned to keep the attention of young athletes by keeping the activities fun and engaging. Our Tots program uses obstacle courses, nursery rhymes and sensory play to help babies develop and grow.
Tiny Tumbling 2 to 6 Years	Our structured Tiny Tumbling class is perfect for little athletes who love to move around and want to develop their tumbling skills. We use circuits, games and activities to encourage movement, body discovery, problem solving and social development. This interactive parent/carer class uses our brand new age appropriate equipment so that your little one can burn off some energy and learn to tumble safely like a champ!
Mini Tumbling 4 to 8 Years	Our Mini Tumbling class allow athletes to participate in circuits, games and activities that develop tumbling skills. It is specifically designed to keep the attention of our younger athletes, allowing them to develop strength, balance, flexibility and muscle control in a fun and engaging class. Athletes in this class will work at developing their skills and attention level to learn tumbling skills such as Forward rolls, handstands, cartwheels and walkovers.
Intro To Tumbling 5 + Years	In our intro to tumbling classes athletes will learn how to do basic tumbling skills such as a forward roll, backward roll, straddle roll, back extension roll, cartwheel, push to backbend, standing bridge and handstand.
Skills Master Class 7 + Years	Our Master Classes are designed to help athletes develop their specific tumbling skills. Please be aware that each tumbling classes require different prerequisite skills.
Open Tumbling 12 + Years	Our Open Tumbling class is for athletes 12 years and over who want to learn how to tumble. In this class athletes will learn all sorts of different skills such as handstands, forward rolls, cartwheels, walkovers and flips. This is a self paced class where our coach will work with you, whether you are a beginner or an advanced tumbler this is the class for you.

OTHER CLASSES

As well as our cheerleading, dance and tumbling program, we also offer a variety of fun and exciting stunting and skills classes that aim to help athlete develop in varying ways.

Other Classes:

Flyer Flexibility & Strength	Our Flyer Flexibility & Strength program is designed for any athlete that is looking to improve on their strength, balance and flexibility. The class focuses on teaching athletes how to achieve different flyer specific tricks and single leg positions. It also helps athletes to develop balance and enhance strength.
Ninja Warrior	Our Ninja Warrior Class is specifically tailored by our qualified coaches to suit the interests and nature of our male athletes. Throughout this class athletes will partake in a variety of strength and agility challenges, parkour styled activities and learn a number of different flips while also being able to take on our awesome obstacle courses.
Group Stunt/Partner Stunt	Group Stunt is for Competitive & Semi-Competitive athletes ONLY. Athletes in this class will be given a designated stunt group containing two to four other athletes that they will work with to develop a routine that will be performed at competitions and events. Depending on the stunt group athletes may learn and perform Level 1 through to Level 6 routines. Athletes wishing to participate in this class are required to fill out an expression of interest form upon enrolment. Each group and partner stunt will be chosen based on the ability and positions of athletes.
All Star Dance	All Star Dance works on developing skills and routines in the styles of jazz, hip-hop, pom, lyrical/contemporary and kick. These routines incorporate dance technique, synchronisation and uniformity, staging and visuals, communication and crowd appeal.
Aerials Circus	Our Aerials Circus class allows athletes to learn a variety of different aerial apparatuses including Silks, Lyra (hoop) and Hammock. In this class athletes will build strength, stability and flexibility while learning various gravity defying skills.
Ultimate Tag	Ultimate Tag is designed for athletes who love the classic school game but want to take it up a notch. During this class athletes will have to take on other athletes to complete run, spin, dodge, tumble and dive their way around constantly changing obstacle courses with one simple goal; tag or get tagged.
Flip It - Parkour	Our Flip It Parkour class is designed for athletes who want to learn how to tuck, jump and flip off and over different obstacles. Athletes will take elements of parkour and fuse them with tumbling technique to learn various skills including front tucks, back tucks and wall flips.
Skill Development Hour	Asgard's Skill Development Hour offers athletes the opportunity to independently grow and develop the skills they have been learning in class. Athletes will be given an hour to use a range of equipment to help enhance and develop their technique, ability and artistry. A fully qualified coach will be on the floor the whole time to guide and support the skills athletes are working on.

CASUAL CLASSES

Our casual classes are pay as you go sessions designed to give athletes the freedom to choose when and how often they would like to train.

Casual Classes:

Mummy & Me	Our Mum & Me workout class is a fun and unique specially designed workout for parents with babies and young children. Our personal trainer specifically designs workouts that allow parents to exercise with their child without feeling judged or overwhelmed. This class caters for all fitness levels, body types and athletic ability. It is a great way for parents to bond with their little one while getting fit.
Stretch & Flex Yopalates	Our Stretch & Flex Yopalates class is a combination of yoga and pilates. Athletes will spend time working on their strength and flexibility in this low impact class.
Fun & Fitness	Our Home School class is designed as a health a PE session for homeschool children. Participants will get active with games, team challenges, obstacle courses and workout sessions that are designed to keep fitness fun.
Open Gym Sessions	Our Open Gyms sessions allow athletes to practice their skills using the full facilities available at the studio. These sessions are open to both members and to the public.. These are held throughout the year with dates and times being emailed out to families, posted on Facebook and available on our website.
Ball Fit / Pregnancy Yoga	Our Ball Fit / Pregnancy Yoga class is designed to help mothers through their 1st, 2nd and 3rd trimester of pregnancy. It works to improve balance, fatigue, cramping, morning sickness, general aches and pains and the pelvic floor. Athletes will work on relaxing their body to connect, grow, nourish and birth their baby.
HIIT / Box Fit	HIIT (High Intensity, Initial, Training) / Box Fit is a workout that combines short bursts of intense exercise with periods of rest a. These classes will combine a mix of boxing and other forms of high impact movements to help athletes get fit and burn calories quickly.
Toddler Dance 1 to 4 Years	Toddler Dance is a fun and friendly class for athletes 1 to 4 years to helps to introduce and develop musicality and movement. During this class athletes will learn dance movements using props, engaging music and well known children's songs. The class bases all of its dances on toddlers natural movements of running, skipping, galloping, jumping and turning. The class works to build imaginative and creative responses while also developing athletes physical abilities.



TIMETABLE - 2021

Please be aware that classes may change depending on numbers and interest.

Morning Classes

Monday		Tuesday		Wednesday	
Tots Tumbling 0 to 2 years 9:00 to 9:30				Mummy & Me All Ages 9:30 to 10:00	
Toddler Dance 1 to 4 years 9:30 to 10:00				Aerial Circus All Ages 10:00 to 10:45	
Tiny Tumbling 2 to 6 years 10:00 to 10:30					
HIIT / Box Fit All Ages 10:30 to 11:00					
Thursday		Friday		Saturday	
Tots Tumbling 0 to 2 years 9:30 to 10:00		Homeschool Fun & Fitness All Ages 10:45 to 11:45		Midgard Tiny L1 2 to 6 years 9:15 to 10:00	
Tiny Tumbling 2 to 6 years 10:00 to 10:30				Skill Development Hour 8 + years 10:00 to 11:00	
Mummy & Me Stretch & Flex Yopalates All Ages 10:30 to 11:00					
Tiny Tumbling 2 to 6 years 11:00 to 11:30					
Homeschool Aerial Circus & Tumbling All Ages 13:00 to 14:00					
Ball Fit/Pregnancy Yoga All Ages 14:00 to 14:30					

Afternoon Classes

Monday		Tuesday		Wednesday	
Tiny Tumbling 2 to 6 years 15:45 to 16:15		Roundoff & Walkover Master Class 6 + years 16:00 to 17:00	Youth Aerial Circus 5 to 12 years 16:00 to 17:00	Youth Recreational Cheerleading 5 to 12 years 16:00 to 17:00	Aerial Master Class 8 + years 16:00 to 17:00
Intro To Tumbling 5 to 11 years 16:00 to 17:00	Junior Boys Ninja Warrior 7 to 15 years 16:00 to 17:00				
Bifrost Youth L1 6 to 12 years 17:00 to 18:00	Ultimate Tag 6 + years 17:00 to 17:30	Heimdall Junior L1 Elite 8 to 15 years 17:00 to 19:00		Open Tumbling & Aerial Circus 13+ years 17:00 to 18:00	Junior Boys Ninja Warrior 7 to 15 years 17:00 to 18:00
	Flip It - Parkour 6 + years 17:30 to 18:00				
Open Tumbling 12 + years 18:00 to 19:00	Freya Youth Dance 6 to 12 years 18:00 to 19:00	Valkyrie Senior Dance 11 to 18 years 19:00 to 20:00		Junior Aerial Circus 8 to 15 years 18:00 to 19:00	Bootcamp All Ages 18:00 to 18:30
					Stretch & Flex Yogalaties All Ages 18:30 to 19:00
Thor Open L2 NT 14 + years 19:00 to 21:00				Open Ninja Warrior 13 + years 19:00 to 20:00	
Thursday		Friday		Saturday	
	Mini Boys Ninja Warrior 4 to 8 years 15:45 to 16:30	Tiny Tumbling 2 to 6 years 16:00 to 16:30			
Youth Recreational Cheerleading 5 to 12 years 16:30 to 17:30	Senior Recreational Cheerleading 11 to 18 years 16:30 to 17:30	Mini Tumbling 4 to 8 years 16:30 to 17:00			
Tuck, Layout & Twist Master Class	Mini All Star Dance 4 to 8 years 17:00 to 17:30				
Handspring Master Class 8 + years 17:30 to 18:30	Junior All Star Dance 8 to 15 years 17:30 to 18:30				
Loki Senior L2 11 to 18 years 18:30 to 20:30					

Important Dates and Events

Please be aware this is not a complete list of events, competitions and information for the year. Future information will be added throughout the year, emailed to our athletes, put on our website and posted on our social media pages.

Pre-Season	Team Placement - Cheerleading & Dance - Round One	-	19 / 01 / 2021		
	Team Placement - Cheerleading & Dance - Round Two	-	23 / 02 / 2021		
Term 1	Term One Classes Begin	-	01 / 02 / 2021		
	Term One Classes End	-	04 / 04 / 2021		
	Sunshine Coast Cheerleading Camp - 2 Day Camp	-	School Holidays	TBA	
Term 2	Term Two Classes Begin	-	19 / 04 / 2021		
	Public Holiday - ANZAC Day	-	25 / 04 / 2021		
	Public Holiday - Labour Day	-	03 / 05 / 2021		
	Future Stars Fraser Coast - Competition - Maryborough	-	07 / 05 / 2021	To	09 / 05 / 2021
	Term Two Classes End	-	27 / 06 / 2021		
Term 3	Term Three Classes Begin	-	12 / 07 / 2021		
	AASCF Battle - Competition - Gold Coast	-	30 / 07 / 2021	To	01 / 08 / 2021
	Cheerbrandz Eutopia - Competition - Brisbane	-	20 / 08 / 2021	To	22 / 08 / 2021
	Teddy Bears Picnic - Event/Performance - Hervey Bay	-	12 / 09 / 2021		
	Term Three Classes End	-	19 / 09 / 2021		
Term 4	Term Four Classes Begin	-	04 / 10 / 2021		
	CheerBrandz Australasian Majors - Competition - Brisbane	-	22 / 10 / 2021	To	24 / 10 / 2021
	Aussie Gold International Championships - Competition - Gold Coast	-	29 / 10 / 2021	To	31 / 10 / 2021
	Aussie Gold Showcase - Competition - Gold Coast	-	20 / 11 / 2021	To	21 / 11 / 2021
	Asgard All Stars Showoffs	-	27 / 11 / 2021		
	Asgard All Stars Awards Night Gala	-	03 / 12 / 2021		
	Term Four Classes End	-	12 / 12 / 2021		

Fees and Policies

Competitive Membership

\$75 PER YEAR

Membership is required for all athletes. It includes Australian Cheerleading Sport Alliance (ACSA) Membership, Athlete insurance, Additional training, Entry to Asgard All Star Showoffs and BONUS Studio Training T- Shirt

Recreational Membership

\$60 PER YEAR

Membership is required for all athletes. It includes Australian Cheerleading Sport Alliance (ACSA) Membership, Athlete insurance, Entry to Asgard All Star Showoffs and BONUS Studio Training T- Shirt

Competitive Program

Term Fees

TOTAL ENROLLED HOURS - PER ATHLETE / PER WEEK

30 Minutes	\$60
45 Minutes	\$85
1 Hour	\$110
1 Hour 15 Minutes	\$125
1 Hour 30 Minutes	\$140
1 Hour 45 Minutes	\$155
2 Hours	\$170
2 Hours 15 Minutes	\$200
2 Hours 30 Minutes	\$225
2 Hours 45 Minutes	\$255
3 Hours	\$280
3 Hours 15 Minutes	\$300
3 Hours 30 Minutes	\$320
3 Hours 45 Minutes	\$340
4 Hours	\$360
4 Hours 15 Minutes	\$380
4 Hours 30 Minutes	\$400
4 Hours 45 Minutes	\$420
5 Hours	\$440
5 Hours 15 Minutes	\$460
5 Hours 30 Minutes	\$480
5 Hours 45 Minutes	\$500
6 Hours	\$520
6 Hours 15 Minutes	\$540
6 Hours 30 Minutes	\$560
Unlimited Hours	\$620

Recreational Program

Term Fees

TOTAL ENROLLED HOURS - PER ATHLETE / PER WEEK

30 Minutes	\$60
45 Minutes	\$85
1 Hour	\$110
1 Hour 15 Minutes	\$130
1 Hour 30 Minutes	\$165
1 Hour 45 Minutes	\$190
2 Hours	\$210
2 Hours 15 Minutes	\$235
2 Hours 30 Minutes	\$260
2 Hours 45 Minutes	\$280
3 Hours	\$300
3 Hours 15 Minutes	\$320
3 Hours 30 Minutes	\$340
3 Hours 45 Minutes	\$360
4 Hours	\$380
4 Hours 15 Minutes	\$400
4 Hours 30 Minutes	\$420
4 Hours 45 Minutes	\$440
5 Hours	\$460
5 Hours 15 Minutes	\$480
5 Hours 30 Minutes	\$500
5 Hours 45 Minutes	\$520
6 Hours	\$540
6 Hours 15 Minutes	\$560
6 Hours 30 Minutes	\$580
Unlimited Hours	\$620

Family Discount

5% per additional athlete

Casual Membership

\$40 PER YEAR

Membership is required for all athletes participating in casual classes to cover athlete insurance.

Homeschool Membership

\$25 PER YEAR

Membership is required for all athletes. This covers insurance for Home School Classes ONLY. Athletes that hold a Recreational or Competitive membership do not require any additional Membership.

Tot & Toddlers Membership

\$15 PER YEAR

Membership is required for all athletes. This membership is for athletes partaking in our casual tots or toddlers classes ONLY and will also cover any parent/carer supervising the athlete.

Casual Class Options	Price	Home School Options	Price	Tots Class Options	Price
Single Session	\$10	Single Session	\$10	Single Session	\$6
Casual Fitness Term Pass Unlimited access to all available fitness classes for the term of purchase (10 weeks)	\$150	Home School Term Pass Unlimited access to all available home school classes for the term of purchase (10 weeks)	\$150	Tots & Toddler Term Pass Unlimited access to all available tots classes for the term of purchase (10 weeks)	\$80
10 Session Pass Save when you pre-purchase 10 sessions to any available fitness classes with no expiration date.	\$90	10 Session Pass Save when you pre-purchase 10 sessions to any available homeschool classes with no expiration date.	\$90	10 Session Pass Save when you pre-purchase 10 sessions to any available fitness classes with no expiration date.	\$50

Skill Development Hour

Must have a valid membership and be enrolled in a recreational, competitive or casual class to participate.

Casual Class Options	Price
Single Session	\$15
10 Session Pass Save when you pre-purchase 10 sessions to any skill development classes with no expiration date.	\$130



POLICY

Membership:

As Membership covers athletes insurance all athletes **MUST** have their membership paid in full prior to commencing their first class. This is for their safety and the safety of others. All Memberships and term fees are non refundable.

Fees:

Term Fees are based on a years worth of lessons and take into account public holidays, potential class cancelations and additional training. Fees must be paid in full no later than 14 days after an invoice has been issued, unless alternative payment plan arrangements have been made. Any fees not paid by this time will incur a \$5.00 late fee each week. Additionally athletes with overdue invoices will be unable to train until their fees are paid in full.

All Fees are non-refundable under any circumstances and are to be paid in full whether classes are attended or not. Long term absences are to be discussed with Asgard Management so a potential arrangement can be made.

Withdrawing from the program:

All athletes have a 2 week cooling off period when enrolling (including their free trial). After this date the following commitment applies:

- ❧ Recreational Athletes - Joining our recreational program requires a term (10 week) commitment. If an athlete withdraws from a recreational class partway through the term they are still required to pay the remainder of that term.
- ❧ Competitive & Semi-Competitive Athletes - Joining a competitive program requires a 12 month commitment. If an athlete withdraws from their competitive program part way through the year, they will still be required to pay their full fees for the remainder of the year.

Private Lessons:

Private lessons and Personal Training are available for both recreational and competitive athletes. These sessions need to be paid in advance and scheduled with Asgard All Stars management. Session deposits (non-refundable) are required to be paid for the day of the booking to secure the session. Additionally a set of 10 private lessons can be purchased and used throughout the athletes time at Asgard All Stars. Private Lessons / Personal Training Sessions and Private Lessons / Personal Training passes are non-refundable. Athletes must have an active membership with Asgard All Stars in order to book. Additional costs will apply to athletes without an active membership.

Prices for sessions vary, depending on the coach and session length. Please contact Asgard All Stars management for more details.

PAYMENT PLANS

Asgard All Stars understands how difficult it can be for families to budget for their athletes sport with the other financial commitments that life offers. For this reason we offer payment plan options for all athletes if they chose. Payment plans can be paid back weekly, fortnightly or monthly. Any payment plans that are in place must be honoured. This includes term fee, uniform or competition payment plans that have been organised. To organise a payment plan please contact Asgard All Stars management. Athletes on a payment plan with overdue payments will incur a \$5.00 late fee each week. Additionally athletes with overdue payments on their payment plan will be unable to train until their overdue payments are paid in full.

